

St. Dominic Savio School

Cheat Sheet for Parents

Covid-19 Protocol Checklist



2021-2022

St. Dominic Savio School (SDSS) would like for you to take a moment and read thoroughly all the information below as your child is preparing to return to school.

____ 1. Check/monitor your child each morning for signs of illness. (see Symptom Cheat Sheet below). Daily wellness check **MUST** be completed for each child (student) from home before arriving to school (**NO EXCEPTIONS**) click on the following link:

[5th-8th SDSS Wellness Form \(September/2021\)](#)

____ 2. If you answer “Yes” to any of the questions, your child is to remain at home and will not be cleared to attend school until 10 or 14 days of being quarantined per LADH guidelines. You will receive a call from the teachers/school office regarding updates on your child’s health and clearance to return to in-person instruction. **Students traveling out of state or country will need to present a negative COVID test to the office after quarantining for 14 days.**

____ 3. PLEASE NOTE: If your child arrives on campus and a wellness check form has **NOT** been completed (5th-8th), the child **will not** be admitted on campus and will need to return home. Make sure report if your child is sick by **contacting the school office:**

562-866-3617 or email: office@sdss-bellflower.org

____ 4. Make sure your information is current at school, including emergency contacts and individuals authorized to pick up your child(ren) from school. If that list includes anyone who is at risk for severe illness from COVID-19, consider identifying an alternate person. ***Please have a pick-up contingency plan in case your child needs to go home.***

____ 5. All students returning to school **MUST** be up-to-date on all recommended vaccines, including the flu. This is especially important this year because we do not yet know if being sick with COVID-19 at the same time as the flu will result in a more severe illness.

____ 6. Together, parents and school need to practice proper hand hygiene/washing, especially reminding your child after every meal, sneezing, coughing and adjusting their mask. Practice and explain why hand washing is important.

____ 7. All water fountains will be covered/out of service. Students will be **REQUIRED** to bring their own water bottles for each day of attending school.

____ 8. Students will be **REQUIRED** to bring the following school items: **pencils, pens, crayons, markers, additional clean face mask/shields, water bottles,**

snacks, small hand sanitizers less than 60% alcohol base, and headphones (No wireless/Earpods). Label all items. Please visit schoolspeak for updates.

____ 9. Read/familiarize your family with the SDSS guidelines and protocols by visiting our:

- school website: <https://www.stdominicsaviobellflower.org>
OR
- SchoolSpeak: <https://www.schoolspeak.com>
OR

Parent/Student COVID 19 Protocol

 SDSS Parent/Student Covid-19 Guideline Protocol/Procedures 21/2022

____ 10. Your child will be part of our SDSS family. We ask that you consider limiting your child’s in-person out-of-school interactions. Our goal is to keep the school open and safe.

As we continue to plan to return safely to school, we know school will be different and look different. SDSS teachers have begun discussing and letting students know how school will run on a daily basis (desk apart, teachers maintaining distance, how to distance for lunch/recess, recess/lunch schedules, not sharing items or food, plexiglass on desks, plexiglass between sinks in restrooms/limit number of students in restrooms).

SDSS will be following guidelines and protocols set by the state/local health departments in order to provide a safe environment for our teachers and students. Continue communicating with your child’s teacher regarding your child’s academic progress.

<p style="text-align: center;">SYMPTOMS OF ILLNESS AT School</p>	<p style="text-align: center;">THE STUDENT MAY RETURN AFTER...</p> <p style="text-align: center;">*The list below tells the shortest time to stay home.</p>
<p><u>Fever of 100.4 degrees or higher.</u></p> <ul style="list-style-type: none"> ● Send the student to the isolation room. 	<p>*Fever-free for 24 hours without taking fever-reducing medicine <i>AND</i> a COVID-19 test is negative, OR 10 days if not tested, OR 14 days if exposed to COVID-19. <i>Refer to planning for COVID-19 in the school document. See link below. <u>If COVID-19 test is negative, students</u></i></p>

	<u>must have a doctor's note stating the negative result to return to school.</u>
<p><u>New unusual and/or persistent cough</u></p> <p>OR</p> <p><u>New difficulty breathing.</u></p> <ul style="list-style-type: none"> • Send the student to the isolation room. 	<p>*Symptom-free for 24 hours <u>AND</u> a COVID-19 test is negative, OR 10 days if not tested, OR 14 days if exposed to COVID-19. Refer to planning for COVID-19 in the school document. <u>If COVID-19 test is negative, students must have a doctor's note stating the negative result to return to school.</u></p>
<p><u>New loss of taste or smell:</u></p> <ul style="list-style-type: none"> • Send the student to the isolation room. 	<p>*Further follow-up with and/or healthcare provider before returning to school.</p>
<p><u>Diarrhea:</u> 3 loose or watery stools in a day</p> <p>OR not able to control bowel movements.</p> <ul style="list-style-type: none"> • Send the student to the isolation room. 	<p>*Symptom-free for 48 hours</p>
<p><u>Vomiting:</u> one or more episodes that are unexplained.</p> <ul style="list-style-type: none"> • Send the student to the isolation room. 	<p>*Symptom-free for 48 hours OR with orders from doctor to school nurse.</p>

If you have a student that is experiencing fatigue, muscle or body aches, headache, sore throat, nasal congestion, runny nose or any other symptom that is unusual and/or unexplained, please contact the school office.

We understand there are many symptoms often associated with COVID-19. Please remember each individual case will be different.

Proper Hand Hygiene

What are the guidelines for proper hand washing during the COVID-19 pandemic?

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

- **It's especially important to wash:**

- Before eating or preparing food
- Before touching your face
- After using the restroom
- After leaving a public place
- After blowing your nose, coughing, or sneezing
- After handling your mask
- After changing a diaper
- After caring for someone sick
- After touching animals or pets
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.